



WasteLESS Week - Travel & Transport Facts & Tips

Travel & Transport Facts

1. National rail journeys have more than doubled since privatisation in 1994/95.
2. Over 60% of the UK's carbon emissions associated with transport are produced by passenger's cars and vans followed by HGV's at approx. 20%. Train and air travel represent <5% of emissions
3. Travelling alone in a large car can have a similar carbon footprint than flying. Three people travelling in a small car can have the same low footprint as travelling by rail.
4. In the UK 12% of signed deliveries made by the Royal Mail fail first time costing the industry over £1bn each year and causing multiple journeys for a single delivery.
5. Online retailers such as Amazon are looking at using driverless cars drones to deliver packages in the future to improve the efficiency of their transport systems.



Work Travel & Transport Tips

1. Discuss the potential of adapting the delivery schedules with key suppliers to deliver the goods and consumables to your site on a less frequent basis to maximise the efficiency of each journey.
2. Reduce your business travel by holding conference calls using internal tools like Skype.
3. Take advantage of the [Sodexo Cycle to Work Scheme](#) which will save money, keep you fit and reduce your carbon footprint
4. Explore if there is a car share scheme within your workplace to save money and reduce carbon emissions.
5. Contact the Sodexo Central Fleet Department who can offer guidance on ways of improving your efficiency including changing to electrical vehicles at the end of your current lease term.
6. If you and your team work a nationwide role, consider tracking the carbon footprint of your car, train and air travel and run competitions to see who is the most "green traveller".

Home Travel & Transport Tips

1. Choose low carbon vehicles - whether leasing or buying, look out for vehicles which have lower carbon emissions and greater fuel efficiency.
2. Apps like [GoCarShare](#) & [UberPOOL](#) allow you to join people who are travelling to the same places as you are saving you money, benefiting the environment as well as meeting new people.
3. Ensure you regularly check your tyre pressure against the manufacturer's recommendations. Having the correct tyre pressure is important for fuel economy, tyre life, safety and ride experience.
4. When ordering multiple products online, consider options such as getting the products delivered to the nearest shop rather than your house, consolidating products into a single package etc.
5. Consider using hire bikes within your area for a fun way to travel around city centres.



wasteLESS
WEEK
22 - 26 October

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QUALITY OF LIFE SERVICES

