



## WasteLESS Week - Waste Facts & Tips

### Waste Facts

1. In the past year over £15 billion of edible food waste thrown away from our homes. This equates to 7.1 million tonnes, which if prevented would have the environmental benefit of taking 1 in 4 cars off the road.
2. The waste management sector was responsible for around 4% of UK greenhouse gas emissions in 2016, with methane being by far the most prominent gas (91%). The vast majority of these emissions are from landfill sites.
3. The plastic of 25 x 2ltr drinks bottles can be recycled into an adult-size fleece jacket.
4. One recycled glass bottle would save enough energy to power a computer for 25 minutes.
5. If each of the UK's 10 million office workers used one less staple a day, and used a paper clip instead that could save 120 tonnes of steel a year.



### Work Waste Tips

1. Use the Better Tomorrow 2025 [waste reduction toolkit](#) to raise awareness about waste reduction and create a plan to improve your sites waste performance.
2. Implement [WasteWatch by LeanPath](#), the food waste reduction system used across many Sodexo sites which reduces pre-consumer food waste by up to 50% and saves between 2-6% of annual food procurement spend.
3. Implement [Take One](#), the napkin dispenser used across many Sodexo sites reduces napkin usage by up to 55% saving on consumable spend and waste disposal costs.
4. Train your staff using the Sodexo [waste management development programme](#) which is accredited by the professional body; Chartered Institution of Wastes Management (CIWM).
5. Remove the choice to have a desktop bin within office spaces and streamline waste recycling to a central station with clear instructions for people to understand how to recycle.

**Note** – Keep this document environmentally friendly and do not print! Send this document via email or use in your client/team meetings.

## Home Waste Tips

1. Donate using [OLIO the free app](#) connecting neighbours with each other and with local shops so surplus food and other items can be shared, not thrown away.
2. Register with [The Royal Mail Door to Door Opt-out](#) and the [Mailing Preference Service](#) to stop unaddressed mail being delivered to your house to reduce paper waste.
3. Plan your household meals in advance and check your cupboards, fridge and freezer before buying more food to ensure you use up all your food and drink and don't go shopping whilst hungry!
4. Use [re-usable shopping bags](#) rather than buying new bags each time you shop.
5. Buy donated products - charities sell donated furniture and unused supplies, for low prices.
6. Give away any unwanted household items to others using the [Freecycle Network](#) extending their life.



**wasteLESS**  
WEEK  
22 - 26 October

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QUALITY OF LIFE SERVICES

